

# Common Heart Issues

In honor of American Heart Month, LabFinder wanted to shed light on some common heart conditions and ways to proactively test for these illnesses.

1

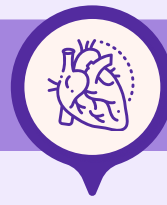
Here are some of the most common heart issues to be aware of:



Heart Attack



Peripheral Artery Disease



Coronary Artery Disease



Heart Disease

2

Approximately 6.5 million people age 40 and older in the United States have PAD.



**6.5 MILLION**

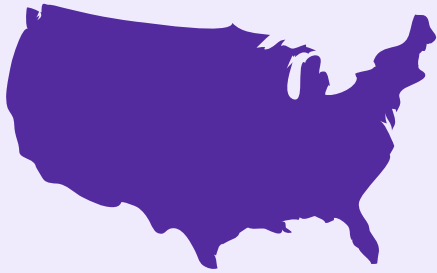
People have Peripheral Artery Disease (PAD)

3



About 1 in 20 adults age 20 and older have Coronary Artery Disease (CAD).

4



In the United States, someone has a heart attack every 40 seconds

5

The below are tests that can help diagnose a heart condition or bring light to issues that could lead to these conditions. Please talk to a doctor to determine which test is right for you or visit [MinuteMed](#).



#### LIPID PANEL

measures the amount of cholesterol and other fats. High cholesterol can increase your risk of heart disease or a heart attack and more



#### CORONARY CALCIUM SCAN

detects calcium deposits in the coronary arteries. Calcium deposits in arteries can increase your risk of a heart attack



#### CARDIAC MRI

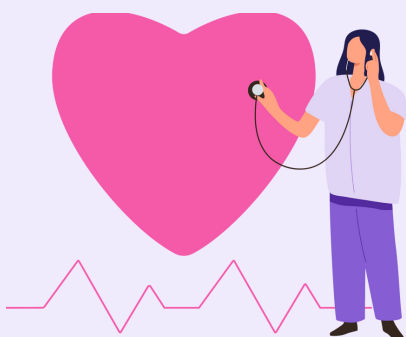
Gives a clear view of the heart to diagnose heart failure or identify damage from a heart attack



#### CORONARY CT ANGIOGRAPHY

computed tomography to diagnose Coronary artery disease (CAD)

6



Heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States

7



About 44 % of women in the United States are living with some form of heart disease



Heart disease is the leading cause of death for men in the United States